

SAMHSA's Center for the Application of Prevention Technologies

Youth in the Workforce: Available Resources

This handout includes references and resources on workplace-centered approaches to preventing substance use among young adults. This is not an exhaustive list of the research or available resources on this topic.

Research Articles

- Spicer RS, Miller TR, Zaloshnja E. *Substance abuse prevention for the young workforce in the railroad industry: An adaptation of the PREVENT program*. Chapter 3 in J Bray, D Galvin, L Cluff (Ed.), *Young Adults in the Workplace: A Multi-site Initiative of Substance Use Prevention Programs*. Research Triangle Park, NC: RTI Press, 29-44, 2011. Available online at: <http://www.rti.org/pubs/bk-0005-1103-cluff.pdf>

This article describes the implementation of an adaptation of the PREVENT program in a railroad company as part of the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Young Adults in the Workplace (YIW) initiative. It also describes the PREVENT program's target population and provides early process findings.

- Spicer RS, Miller TR. *Evaluation of a workplace program to prevent substance abuse: Challenges and findings*. *Journal of Primary Prevention*, accepted.

This article will provide expanded evaluation findings from the PREVENT program mentioned above.

- Miller TR, Zaloshnja E, Spicer RS. *Effectiveness and benefit-cost ratios of peer-based workplace substance abuse prevention coupled with random testing*. *Accident Analysis and Prevention*, 39(3):565-73, 2007.

This article discusses the effectiveness and benefit-cost ratio of a peer-based substance abuse prevention program at a U.S. transportation company aimed at reducing substance-related occupational injury rates.

Resources from SAMHSA's Preventing Prescription Abuse in the Workplace Program

SAMHSA's Preventing Prescription Abuse in the Workplace (PAW) program provides technical assistance to help civilian and military workplaces reduce prescription drug abuse problems. The PAW program offers free technical assistance on workplace programs that address prescription misuse and develops and has developed 30 related fact sheets. Examples include:

- Structuring a Health Benefits Package that is Sensitive to Prescription Drug Misuse Issues
- Modifying Drug-free Workplace Programs to Address the Nonmedical Use of Prescription Drugs
- Monitoring Prescription Drug Use in the Workplace: What can Employers Ask?
- Five reasons Not to Share Prescription Drugs at Work
- Opioid and Narcotic Painkillers: Know the Benefits, Understand the Dangers
- Managing Chronic Low-back Pain while Minimizing Use of Dangerous Prescription Opioids
- Amateur Athletes: Don't Get Hooked if you Get Hurt
- How to Handle Leftover Meds
- Having a Party? Lock Up Your Medications!
- Screening for Prescription Drug Use Problems
- Stimulant Misuse among College Students: Meeting the Challenge

All content included in PAW fact sheets can be adapted for use in other materials. Free PDFs of PAW fact sheets are available by e-mailing PAW-TA@pire.org, contacting Ted Miller at miller@pire.org, or online at: <http://publichealth.hsc.wvu.edu/icrc/prevention-of-prescription-drug-abuse-in-the-workplace/samhsa-fact-sheets/>

SAMHSA Weekly Update on Prescription Misuse

This free weekly resource provides research and synopses of today's most pressing prescription drug abuse topics. To subscribe, visit paw.dsgonline.com and enter your e-mail address.



Additional Resources

- [Tips and Tools: Reaching and Engaging “Non-College” Young Adults in Prevention Efforts](#). Developed by SAMHSA’s Center for the Application of Prevention Technologies, this toolkit is designed to help practitioners working to reduce substance misuse and abuse among non-college young adults find the data they need to inform their planning efforts, and to overcome some common challenges to reaching and engaging young adults in prevention efforts.
- [Employee Job Satisfaction and Engagement: Optimizing Organizational Culture for Success](#). Developed by the Society for Human Resource Management (SHRM), this report presents the findings from the SHRM Employee Job Satisfaction and Engagement Survey of 600 U.S. employees. The report identifies factors that influence overall employee satisfaction and engagement in the workplace by demographic variables, including employee gender, age and job level.
- [ValueOptions’ Employee Assistance Program \(EAP\): Promotional Video](#). This video presents one approach to promoting EAP services to young members of the workforce.

